



2008 Z Nationals Road Course Event

Friday, March 28th 2008

www.ZNationals.com

REGISTRATION PACKET

Print, Complete & Sign forms, Bring to the Event

Talladega Gran Prix Raceway
46 Pilgram Lane
Munford, Alabama
(ALL TIMES LISTED ARE CENTRAL ZONE!)

Event sponsors:

Z1 Motorsports
SpeedforSale.com
300ZXClub.com

Contact:
webmaster@Znationals.com

Talladega Gran Prix Raceway

Talladega Gran Prix Raceway is a 1.4 mile road course located on Alabama State Highway 21, twelve miles south of Oxford, Alabama and eight miles north of Talladega, Alabama

The track has showers, restrooms, concessions, and 114 octane fuel.

For a head start on learning TGP, please visit the following links:

- Talladega Gran Prix : www.TGPrace.com
- Track Map : www.znationals.com/images/TalladegaNew.jpg
- Track Video : www.znationals.com/images/TGPR-LapCW.rm
- Trackpedia : www.trackpedia.com/wiki/Talladega_Gran_Prix_Raceway

INTRODUCTION

There are few thrills in life that rival those of driving at high speeds. Although enjoyable, the dangers and risks of driving much above the speed limit on American roads can have serious consequences. Modern technology has given us cars with capabilities far above those required for everyday driving and so most drivers never really get to test their car's performance potential (or their own for that matter.)

The "Z Nationals" road course event can give you the opportunity to drive at high speed while making you a better and safer driver. We will be using a road course to provide a safe and structured environment. This is not a racing school.

Thus the first rules of our program are:

Rule 1: No RACING

Rule 2: No RACING

Rule 3: No RACING

Rule 4: SEE RULE #1

Rule 5: READ ALL THE RULES & FORMS

We will insist that all rules be followed to the letter for a safe, smooth event. We ask that you pay particular attention to the rules set forth under FLAGGING REGULATIONS. Deviation from any rule will not be permitted. All of the material in this packet should be reviewed before coming to the track, as there will no time to do so once the event starts.

We look forward to seeing you at the event, Rain or Shine...

Please read carefully!

EVENT RULES/PROCEDURES

Safety should be your number one priority. **Anyone** deemed to be driving in an unsafe manner will be ejected. **No Racing!** If it starts to rain, slow down to a speed below that at which you know you can drive safely in the wet. Check the condition of your tires and brakes after every session. Check your oil level before every session. Keep an eye on your schedule and be on time!

Concentrate on being smooth and taking the correct line. Do not try for speed. Find accuracy and speed will follow.

Recommendations in case of trouble: If you are about to run off the track surface, drive off in a straight line. Do not make a futile attempt to hold the car on the track, this creates a more dangerous situation. If you err in judgment and lose control (i.e. spin), the best rule is both feet in (brake totally depressed, clutch totally depressed) until the car comes to a complete halt.

If you suspect mechanical problems while on the track: If serious, pull off the track slowly and await assistance. If you can continue, do so slowly and return to the pit area. **Get off line** and use hand signals and flashers to indicate that you have a problem while returning to the pits.

PRE-TECH:

Pre-Tech must be done prior to the event. This is your responsibility and it is for your safety! Please have your car totally prepared for the event prior to the driver's meeting. Remove all loose objects from the trunk and passenger compartment including the driver's floor mat, have the proper amount of gas, properly inflated tires, lug nuts properly tightened and your car number affixed.

HELMET:

All drivers are required to have a SNELL 95 M or SA approved or newer helmet for this event. You will not pass tech unless you have a helmet that meets this requirement.

THIS IS A MUST!

CLOTHING:

All drivers are required to have proper clothing as specified. This means:

Long Sleeved Shirt (Shirt will be of a non-synthetic fiber)

Long Pants (No exceptions, Pants will be of a non-synthetic fiber)

Leather or natural fabric shoes with rubber/leather soles.

Alternatively, approved driver's suit and shoes/gloves.

The clothing requirement has a safety factor. Synthetic fibers will melt in a flash fire causing more extensive burn injuries should the rare circumstance of a fire occur.

CAR NUMBERS:

All cars are required to display a number on the car. Numbers will be provided at the event after completing registration. You will not be allowed on the track without numbers!

EVENT RULES/PROCEDURES

STAGING:

Staging will be in the Hot Pits for the next run group to go on the track. All other cars will be on the track or in the paddock. **Drivers only** will be allowed into the Hot Pits with the approved clothing (See clothing).

INSTRUCTORS:

Instructors will be stationed in pit lane. Driver changes, instructor pickups, and discharges are to be made only in the pit lane, or as noted in the event supplemental regulations.

WINDOWS:

We require that the driver's and passenger's side window be down. Drive with sunroof closed. Drive with all of your and your passenger's arms inside the car. If you don't you will be black flagged and instructed to do so.

ENTERING THE TRACK:

Pull your car up to the end of pit lane. Follow the instructions of the Pit Marshall and stay to the left of the track as you accelerate up to speed. Use your mirrors to see if you are being overtaken before you attempt to leave the pit lane. It is YOUR responsibility to make sure you can enter the track safely, the Pit Marshall is only a guide.

PASSING RULES:

Passing will be allowed based upon individual event supplemental regulations. All passing will be done with the car being overtaken remaining on line. Be sure that you have plenty of time, space and horsepower to complete your maneuver. **Never pass another car until they signal you by! You may only pass on the front and back straight-aways of the course...NO PASSING ALLOWED THROUGH CURVES OR ANYWHERE ELSE ON THE TRACK, ESPECIALLY CURVES!**

A) Overtaking Car

Be sure that you have plenty of time, space and horsepower to complete your maneuver. **Never pass another car until they signal you by! Do not tailgate. Do not group together.** If you find yourself in that situation, cool it for a lap and let them get away from you or come into the pits and rejoin at a less crowded position on the track.

B) Overtaken Car

Watch your mirrors, as you must signal another car by you by pointing out the window. Do not move off line. Do not try to out horsepower an overtaking car, let them by! **Do not block faster cars. If you are observed blocking faster cars you will be blacked flagged and instructed to speak with an official before returning to the track. Do not group together.** If you find yourself in that situation, cool it for a lap and let them get away from you or come into the pits and rejoin at a less crowded position on the track.

Failure to comply with the passing rules will result in you being Black-Flagged.

EVENT RULES/PROCEDURES

THREE SPIN RULE:

If any entrant spins their car or leaves the track with all 4 wheels, on the third incident, they will be required to forfeit the rest of their track time.

The procedure will be as follows:

On the first and second incident, the entrant will be black-flagged (see Flags) to come into the pits. In the pits, the entrant will be counseled and advised that should this happen again (after the second spin) the entrant will be brought off the track and will not be allowed to drive for the balance of the day. The vehicle will also be inspected by the pit marshal after each spin for safety reasons.

- A spin that continues into four wheels off will be considered one incident.
- Any combination of spin or four wheels off, will be considered one incident.
- Any two wheels off or half-spin will require a visit to the pits for consultation and vehicle inspection.
- Depending on the circumstances, it is possible that an entrant can be black flagged and not allowed to drive for the balance of the day on the second four wheels off incident in the discretion of the Chief Steward and/or Safety Steward depending on the severity of the driver's actions.

EXITING FROM THE TRACK:

When you want to exit from the track into the pit lane, extend your **left arm** upward, out of the window, in a fist, prior to your exit from the track. This tells drivers coming up on you from behind that you are slowing down to enter the pit lane. See Supplemental Regulations.

ACCIDENTS:

Any repairs to the track necessary due to damages caused by a driver are the responsibility of that driver. This includes, but is not limited to track surface, pit wall, fence, or tire wall damage.

FLAGS:

The safety of any event depends upon the proper compliance with the Signal Flags. The flags we will be using are:

RED - The RED FLAG is displayed in a waving fashion and indicates serious trouble on the course. When the red flag is out **all cars must stop as soon and as safely as possible to the far right as practical**. Cars must remain stopped, at the edge of the roadway. A yellow flag following a red flag will indicate to all drivers that they may proceed at a greatly reduced speed with no overtaking until given the all clear to continue at speed.

YELLOW - A Standing Yellow Flag indicates trouble on the course ahead (a car off the road, dirt on the track, etc.) Reduce speed and take caution. A waving Yellow Flag indicates imminent danger ahead. Proceed with extreme caution at greatly reduced speed and be prepared to stop. **UNDER NO CIRCUMSTANCES IS THERE TO BE ANY OVERTAKING DURING A YELLOW FLAG SITUATION.** Doing so will result in being black flagged and will count as one of your “three spins and you are out offense”.

GREEN - The Green Flag indicates the course is clear, if no flag is displayed you may assume it is a Green Flag condition.

BLACK - The Black Flag may be used in two types of circumstances.

When used to warn a particular driver, the flagger on the Start/Finish line or at a Black Flag Station will point the Black Flag but furled (rolled up) to the car being flagged as it passes the station. The driver should acknowledge the Black Flag with a hand signal and proceed at reduced speed, with caution, to the pits where he will report to the Pit Marshal. The Black Flag may indicate either mechanical trouble or incorrect driving behavior. It is possible that a driver may get a black flag pointed at him with the flag rolled up. That is a warning that you are driving in a manner that is about to get you called into the pits for counseling if you don't stop driving in a manner violating the rules.

When used to bring all cars to the pits, it will be displayed in the standing position at the Start/Finish line and black flag station and may be displayed with a sign ALL. All cars will proceed at a reduced speed to the pits and follow the instructions of the Pit Marshall.

BLUE WITH DIAGONAL STRIPE - Another driver is following you, is faster, and you should point the driver by. Be prepared to signal for the driver to pass at the next designated passing zone. Failure to yield to the following driver can result in being black flagged.

CHECKERED - The Checkered Flag indicates the end of the session. It will be displayed only at the Start/Finish line. After passing the Start/Finish line and observing the checkered flag, Do Not Brake. Reduce speed and complete one cool down lap at moderate speed and exit the track onto pit lane.

Extreme carelessness, unsafe behavior, or failure to respond to a Black Flag signal or other Flagging Signals may result in expulsion from the event at the discretion of the Chief Instructor and/or the Chief Steward.

If you are black-flagged for non-mechanical reasons 3 times in one day, you will be asked to excuse yourself from the remainder of the event.

SUPPLEMENTAL REGULATIONS

CANCELLATION POLICY: No refunds, this event will take place rain or shine.

REGISTRATION: Please print out this entire registration packet. Fill out and sign all the forms. Make sure and bring it to the event as it will be required during registration. Registration will include everything required to get on the track Friday Morning. Upon receipt of this completed packet your car will undergo the FINAL technical inspection. Upon passing the FINAL technical inspection each participant will be assigned into a run group and given a car # and wristband. Before cars or drivers are allowed on the track the car # must be applied to the top of the front windshield and wristband must be on LH wrist of driver.

Thursday, Mar 27th : 2:00– 8:00pm EST Pre-registration & Tech at Z1 Motorsports

Friday (Day of Event): Beginning at 7:00am (CST) Registrations and inspections will be completed at the track as you enter the gate on a first come first serve basis. Your patience and cooperation are appreciated.

Note: Helmet Rules: All drivers are required to have a **SNELL SA-95 or Snell M-95 or later** approved or newer helmet for this event. You will not pass the on-track tech inspection unless you have a helmet that meets this requirement.

AIR & GAS: There will be power and air at the track; racing gas will be available at a certain time to be announced.

THE TALLADEGA COUNTY SHERIFF'S DEPARTMENT PHONE NUMBER IS: (256) 362-2748. In case of emergency, the Sheriff's Department will contact individuals attending events at Talladega Gran Prix Raceway

GENERAL RULES: It is recommended that you not bring pets to the track. However, if you do bring your pet, it must remain restrained (leash, cage, pin, etc.) at all times. Do not dump oil, gas or coolant on the pavement or non-paved areas of the track. You must take everything you bring to the track with you when you leave. Use caution and common sense when raising your car and supporting it on jack stands. The paddock area is grass, not pavement, so it is recommended that you use plywood or metal plates beneath your jacks and jack stands. No glass containers are allowed on the property.

INTOXICANTS: Use of intoxicants prior to the end of the day's events is prohibited. Anyone found to be using intoxicants during the event, or illegal drugs at any time while on the property, will be ejected from the property. Drivers are responsible for their crew and guests.

PADDOCK: You may park anywhere in the paddock provided you do not block the main paddock roads, pit entrance, pit exit areas, concession, tower or other specially marked areas. A pit and paddock speed limit of 5 mph will be strictly enforced

RULES:

If you do not conform to the rules of this event, both written and oral, you will not be allowed to run, additionally, you will forfeit your entry fee. **NO EXCEPTIONS!**

The organizers of the 'Z Nationals' event wants you to have a safe and enjoyable weekend. Erratic, unsafe, or at fault driving incidents on the track will be grounds for ejection from the event with registration fee forfeiture at the sole discretion of the event organizers.

CONVERTIBLES:

All open top cars must have a roll bar and conform to the following:

The top of the main hoop must be at least two inches above occupant's helmet(s). With the driver and/or passenger correctly seated and securely belted in the vehicle, occupant's helmet must be at least two inches below a straight line drawn between the top of the windshield and the top of the roll bar. Some cars with an active "pop-up" rollover protective may also qualify, but will require advance notice to the event organizers at webmaster@Znationals.com for qualification.

TARGA TYPE OR T-TOP:

All drivers in open, targa type or t-top cars running with the roof panels removed must wear suitable eye protection, i.e., goggles, bubble shield, or face shield on full face helmets.

CLOTHING:

Suitable clothing, i.e., long pants, socks, shoes covering the entire foot must be worn.

IN-CAR INSTRUCTORS:

An instructor will ride with each student until the Chief Instructor authorizes the student to drive alone. First time participants will be evaluated to determine their ability for session groupings.

HAVE A SAFE, FUN, EVENT!!

Mandatory Forms for Track Day Participants

1. Driver Information Form

2. Technical Inspection Forms

Please notice that the Pre-Technical Inspection Form is intended to be used BEFORE arrival. This form is for you and your mechanic to use to make sure your car is ready for driving on the track. It will also help make sure your car is ready for the drive to Z Nationals. The technical Information form will completed during the registration process for the event.

3. Medical Information Form

This form is to make sure you are ready for participating in the driving events. It confirms that you are not taking medications nor have a condition that would adversely affect your safety and those of your fellow drivers. This form also asks for emergency contact information. The form and the information on this form will be kept strictly confidential and will be used only if needed.

4. Helmet Release Form

5. Driver's License Form

'Z NATIONALS' EVENT AT TALLADEGA GRAN PRIX RACEWAY
Friday, March 28th, 2008
DRIVER INFORMATION FORM

All drivers must submit SEPARATE entry form (s) with complete information

Entrant /Driver (this car will have 1 or 2 drivers) (circle one) (second driver must also fill out form.)

Name: _____ **Email:** _____

Address: _____ **City:** _____

State: ___ **Zip:** _____ Telephone #: **(Home)** _____ **(Work)** _____

Make: _____ **Model:** _____ **Color:** _____ **Year:** _____

Driver's License #: _____ **State of Issuance** ___ **Exp. Date** _____

List Major Modifications Here: _____

Engine _____

Suspension/Chassis _____

Safety _____

Check what you consider your car to be: stock (___) semi-modified (___) race (___)

| |
|--------------------------|
| Official Use – Run Group |
|--------------------------|

PRIOR DRIVER'S EXPERIENCE:

| List # of Driving Events | # | Date of Last: | Other Tracks: |
|------------------------------|-----|---------------|---------------|
| (1) Road Atlanta | ___ | _____ | _____ |
| (2) Roebing Road | ___ | _____ | _____ |
| (3) Talledega Gran Prix | ___ | _____ | _____ |
| (4) Carolina Motorsports Pk. | ___ | _____ | _____ |
| (5) Sebring | ___ | _____ | _____ |
| (6) Barber Motorsports Pk. | ___ | _____ | _____ |

Indicate any other information pertinent to assessing your driving skills including any competition licenses and sanctioning body _____

NOTE: The 'Z Nationals' organizers reserve the right to designate run groups based on documentation available and will require instructed check rides to validate skills where applicable.

I hereby certify that I have no known physical or mental problems, which might jeopardize others or me if I participate in this event. I realize that I am responsible for any damage that I cause to Talladega Gran Prix Raceway or anyone's personal property. I agree to hold harmless the organizers of the event and the owners of Talladega Grand Prix Raceway in the event of any damage (personal or property) that may happen while I am at the event.

 Applicant Signature _____ Date

2008 Z NATIONALS EVENT

CAR # _____ (assigned at the event)

GROUP _____

TECHNICAL SAFETY INSPECTION FORM

THIS FORM MUST BE COMPLETED AND BROUGHT TO THE TRACK

INSTRUCTIONS

The Driver's School Participant is solely responsible for the safe condition of his/her vehicle to be driven to, at, and from this event. Participant must have the vehicle inspected no earlier than four (4) weeks prior to this event. A qualified individual who is familiar with the make and model for this vehicle (i.e. dealerships, specialty service shops) must perform the safety inspection. At the time of the safety inspection, the Participant must sign the completed safety inspection report, which must then be presented to the authorized 'Z NATIONALS' Tech Personnel at the event registration. The participant will not be allowed to drive the vehicle on the track without presenting a signed and completed safety report and passing the tech inspection during event registration.

Please provide the following information:

Entrant Name: _____

Make of Car: _____ Model: _____ Year: _____

VIN #: _____

License Plate#: _____ State: _____

Location of Inspection: _____

Inspector Company Name & Address: _____

PRE-TECHNICAL INSPECTION "DONE PRIOR TO EVENT"

| VEHICLE INTERIOR | APP | REJ | SUSPENSION & RUNNING GEAR | APP | REJ |
|-----------------------------------|---------|---------|--------------------------------------|---------|---------|
| Interior Mirror | ___/___ | ___/___ | Steering Linkage | ___/___ | ___/___ |
| Seat Belts | ___/___ | ___/___ | Suspension & Shocks | ___/___ | ___/___ |
| Fire Extinguisher (recommended) | ___/___ | ___/___ | Wheel Bearings | ___/___ | ___/___ |
| Pedal in Good Condition | ___/___ | ___/___ | Metal/Flexible Brake Lines | ___/___ | ___/___ |
| Brake Pedal Firm | ___/___ | ___/___ | Brakes Recently Bled | ___/___ | ___/___ |
| Emergency Brake Operation | ___/___ | ___/___ | Rims in Good Condition | ___/___ | ___/___ |
| Roll Bar in Open Car (required) | ___/___ | ___/___ | | | |
| VEHICLE EXTERIOR | | | ENGINE & TRUNK COMPONENTS | | |
| Stop Lights | ___/___ | ___/___ | Battery Secure | ___/___ | ___/___ |
| No Fluid Leakage | ___/___ | ___/___ | Electrical Harness | ___/___ | ___/___ |
| No Cracked Glass | ___/___ | ___/___ | Relays Secure | ___/___ | ___/___ |
| No Excessive Rust | ___/___ | ___/___ | Fan Belt | ___/___ | ___/___ |
| Exterior Mirror | ___/___ | ___/___ | Throttle Linkage | ___/___ | ___/___ |
| Windshield Wipers | ___/___ | ___/___ | Oil & Gas Lines Secure | ___/___ | ___/___ |
| Gas Cap Secure | ___/___ | ___/___ | Hood & Deck Lids Secure | ___/___ | ___/___ |
| Tire Pressures: Front | ___/___ | ___/___ | Brake Fluid Changed | ___/___ | ___/___ |
| Rear | ___/___ | ___/___ | Oil Leaks | ___/___ | ___/___ |
| Sufficient Brake Pads (3/16" min) | ___/___ | ___/___ | | | |

Inspector's Signature _____ Date Inspected _____

FINAL TECH INSPECTION "DONE AT REGISTRATION FOR EVENT"

| | APP | REJ | | APP | REJ |
|----------------------------------|------------|------------|--------------------------------------|------------|------------|
| Tires in Good Condition | _____ | /_____ | Appropriate Clothing | _____ | /_____ |
| Wheel Covers | _____ | /_____ | (a non-synthetic fiber) | | |
| Lug Nuts Torqued Properly | _____ | /_____ | Rubber-soled Shoes | _____ | /_____ |
| No Loose Objects in Compartments | _____ | /_____ | Helmet | _____ | /_____ |
| Stop Lights Operable | _____ | /_____ | (Snell SA or M 95 or Later Approved) | | |
| Car Number Attached | _____ | /_____ | | | |

Inspector's Signature _____

**DRIVER / PARTICIPANT CAR TECHNICAL
INSPECTION CERTIFICATION AND INDEMNITY**

EVENT: 2008 'Z NATIONALS', Friday, March 28th at Talladega Gran Prix Raceway

The undersigned hereby certifies that:

- The OFFICAL TECHNICAL INSPECTION FORM (the "Form") submitted to the 'Z NATIONALS' inspector in connection with the above Event was performed on the date shown by a qualified mechanic;
- The Form correctly and accurately shows the condition of the Car identified above (the "Car") on the date of the inspection; and
- There has been no change(s) in the condition of the Car since the date of the inspection that would affect the track-worthiness of the Car. The undersigned hereby agrees to indemnify and hold harmless the 'Z NATIONALS' organizers as to any and all occurrences arising from any incorrect statements contained in the Form.

I understand that the technical inspection performed on my automobile is solely for the purpose of meeting minimum standards of car preparation for the 'Z NATIONALS' road course event.

No warranties are implied or expressed in the passing or failing the inspection performed. I release the inspectors from any and all liability arising from their inspection of my car. I acknowledge that the safe condition and operation of this vehicle is entirely my responsibility as well as any vehicle problems, malfunctions or damage which may occur in connection with the operation of this vehicle prior, during or subsequent to the event.

ENTRANT'S SIGNATURE

Note: (Car Entrant, not Driver, if different from Driver)

Date

2008 Z NATIONALS EVENT

CAR # (assigned at the event)

GROUP

MEDICAL INFORMATION FORM

THIS FORM MUST BE COMPLETED AND BROUGHT TO THE TRACK

DRIVER

Name : _____ Age : _____

In Case of Emergency Notify: _____ At Track? Y / N

Address _____ City _____ State _____ Zip _____

Phone # (Home) _____ (Work) _____

Current Medications _____

Drug Allergies _____

List Any Special Conditions _____

Blood Type _____

Last Tetanus Shot _____

Personal Physician _____

Address _____ City _____ State _____

Phone # _____

CIRCLE - YES OR NO

| | | | | | |
|-----|----------|-----|-----------|-----|-------------|
| Y N | CONTACTS | Y N | DENTURES | Y N | ASTHMATIC |
| Y N | DIABETIC | Y N | EPILEPTIC | Y N | HEMOPHILIAC |

Please list Any Medical Training or Ratings:

I agree to indemnify and hold harmless the organizers of this event and their event and their agents, with respect to the condition and preparation of my car, or any subsequent failure or resulting damage to my car or its occupants as a result of such failures. I acknowledge that at all times I remain solely responsible for the safety and roadworthiness of my car. I certify that I have no physical or mental problems and am taking no medications, prescriptions or otherwise which could jeopardize other or me if I participate in this event.

Signature: _____ Date: _____

2008 Z NATIONALS EVENT

HELMET RELEASE FORM

I/We acknowledge that the inspection of my helmet by members of the 'Z NATIONALS' event is for the sole purpose of determining whether my helmet has met the minimum standards of the Snell Memorial Foundation and that it appears from a casual inspection to be capable of meeting those standards at the present time. I acknowledge that the event organizers/inspectors are not making a guarantee of fitness for use in "passing" my helmet, and that I am relying solely on my own judgment in using the helmet in a Club event. I release, acquit and forever discharge the 'Z NATIONALS' organizers and their officers, agents, and officials from any and all liability, claims, demands, or causes which may arise from my wearing the inspected helmet, from my attendance at the event, or from any injury sustained by me, whether or not due to their negligence. I represent that I am over 19 years of age, that I understand that I am participating in a potentially dangerous event and that my helmet has not previously been worn in a collision or struck by a hard object.

NAME: _____

DATE: _____

SIGNATURE: _____

DRIVER'S LICENSE FORM

As a condition of my participation in this Driver's School, I agree that I will be responsible for myself and my vehicle at all times, and I hereby release the 'Z NATIONALS' organizers and their officers, agents, and officials from any claim, liability, cost or expense arising from my attendance at this school. I further agree that the vehicle used during this event will be operated only by a fully licensed driver over the age of 19, unless otherwise allowed in the event regulations.

Name: _____

Driver's License #: _____ State: _____

Signature: _____ Date: _____

2008 Z Nationals

TGP Track Day

Things to Bring to the Track

For You (Mandatory)

- 1) Completed Track Registration Packet.
- 2) Closed-Toed Shoes – such as driving shoes or tennis shoes
- 3) Clothing - including long pants with shirt (short or long sleeve) – 100% natural fiber such as cotton
- 4) Helmet (SNELL 95 M or SA approved or newer)

For You (Optional)

- 1) Lawn Chairs
- 2) E-Z Up Canopy (Please bring weights for legs)
- 3) Sun Block
- 4) Binoculars
- 5) Rain Coat or Umbrella
- 6) Snacks and Drinks

For Your Car (Suggested)

- 1) Torque Wrench
- 2) Tire Pressure Gauge
- 3) Air Compressor or Air Tank
- 4) Window Cleaner and Paper Towels
- 5) Motor Oil
- 6) Brake Fluid and Brake Bleeder
- 7) Painters Tape for Head Lamp, Marker Lights
- 8) Tools
- 9) Jack

Please Note

Lunch including hamburgers, BBQ sandwiches, fries, other snacks, and drinks will be available for purchase at the concession stand at the track. An alternative lunch location is a gas station in Munford (less than 5 minutes away). Other restaurants, both fast foods and sit down, are located in Oxford – which is about 15 minutes North back at Interstate 20.



2008 Z Nationals Track Day at Talladega Gran Prix
Friday March 28th 2008

Drivers must complete and bring the Registration Packet sent via e-mail to the event. Registration and inspection must be completed before drivers or cars are allowed on the track. Participants must pass the FINAL technical inspection, after which they will receive a car # that must be applied to the top center of the windshield, and a wristband that must be on the LH wrist of the driver. Registration available Thursday at Z1 Motorsports or on a first come first serve basis Friday 7:00 CST at the track.

| <u>Time</u> | (all times are listed as Central Standard Time) |
|-------------|---|
| 7:00 am CST | Gates Open, Z Nationals Caravan arrives from GA |
| 7:00-7:45 | Registration & Tech inspections completed as you come in the Gate |
| 7:45-8:00 | Instructors meeting 2 nd floor of clubhouse |
| 8:00-8:30 | Driver's Meeting 2 nd floor of clubhouse |

REPORT TO GRID 10 MINUTES BEFORE YOUR START TIME ON TRACK

ON TRACK

| <u>Start Time</u> | <u>End Time</u> | | |
|-------------------|-----------------|--------------------------------|--|
| 8:30 | 8:40 | ALL | SLOW paced laps to familiarize everyone with track |
| 8:40 | 9:00 | I | (Instructors) |
| 9:00 | 9:30 | A | (Novice) |
| 9:30 | 10:00 | B | (Intermediate) |
| 10:00 | 10:30 | C | (Intermediate +) |
| 10:30 | 11:00 | D | (Advanced) |
| ----- | | | |
| 11:00 | 11:30 | I | |
| 11:30 | 12:00 | A | |
| 12:00 | 12:30 | B | |
| 12:30 | 1:00 | C | |
| 1:00 | 1:30 | D | |
| ----- | | | |
| 1:30 | 2:00 | I | |
| 2:00 | 2:30 | A | |
| 2:30 | 3:00 | B | |
| 3:00 | 3:30 | C | |
| 3:30 | 4:00 | D | |
| ----- | | | |
| 4:00 | 5:00 | Open Session | (only 10 cars on track at once, if track is full please hold sessions to 15 min) |
| | 5:00 | Cold Track | |
| | 5:30 | Z Nationals Group Leaves Track | for Dinner in Oxford AL. |